

Sports Tasters – Friday 1st & Saturday 2nd October

Jubilee Pool			
Triathlon	Saturday 2nd Oct	16:00 – 17:00	3 Lanes
Water Polo	Saturday 2nd Oct	18:00 – 20:00	Whole Pool
Canoe Polo	Saturday 2nd Oct	20:00 – 22:00	whole pool
Jubilee Sports Hall			
Basketball	Saturday 2nd Oct	09:00 – 12:00	Whole Hall
Netball	Saturday 2nd Oct	12:00 – 16:00	Whole Hall
Medics Basketball	Saturday 2nd Oct	16:00 – 18:00	Half Hall
Trampolineing	Saturday 2nd Oct	16:00 – 18:00	Half Hall
Recbad	Saturday 2nd Oct	19:00 – 22:00	Whole Hall
Team Southampton Sports Hall			
Spikeball	Saturday 2nd Oct	09:00 – 11:00	
Dodgeball	Saturday 2nd Oct	11:00 – 13:00	
Cricket Mens	Saturday 2nd Oct	13:00 – 16:00	
Korfball	Saturday 2nd Oct	16:00 – 18:00	
Archery	Saturday 2nd Oct	18:00 – 21:00	
Martial Arts Room			
Hung Leung Kuen Kung Fu	Saturday 2nd Oct	11:00 – 13:00	
Taekwondo	Saturday 2nd Oct	16:00 – 17:00	
Squash Courts			
Squash - Tasters	Saturday 2nd Oct	10:00 – 12:00	3 courts
Squash - Men's Trials	Saturday 2nd Oct	12:00 – 14:00	3 courts
Activities Room			
Aerial Sports	Saturday 2nd Oct	10:00 – 14:00	
Yoga Soc	Saturday 2nd Oct	14:00- 16:00	
Zumba	Saturday 2nd Oct	16:00 – 18:00	
Climbing Wall			
Mountaineering Club	Saturday 2nd Oct	10:00 – 17:00	
Glen Eyre			
Jiu Jitsu	Saturday 2nd Oct	14:00 – 16:00	
The Cube			
Table Tennis	Saturday 2nd Oct	12:00 – 16:00	
Kickboxing	Saturday 2nd Oct	16:00 – 18:00	
Rugby Pitches			
Mens Rugby	Saturday 2nd Oct	12:00 – 14:00	2 x pitches
Ladies Rugby	Saturday 2nd Oct	15:00 – 17:00	1 x Pitch
Football Pitches			
Men's Football	Friday 1st Oct	11:00 – 13:00 & 14:00 – 16:00	2 x Grass Pitches
BusSoc FC	Friday 1st Oct	13:00 – 15:00	1 x Grass Pitch
Hindu Soc	Saturday 2nd Oct	10:00 – 12:00	1 x grass
Men's Football	Saturday 2nd Oct	11:00 – 13:00	2 x Grass Pitches
Medics Football	Saturday 2nd Oct	13:00 – 15:00	2 x Grass Pitches
Ladies Football	Saturday 2nd Oct	13:00 – 16:00	2 x Grass Pitches
Pavilion			
Mens Football	Friday 1st Oct	10:00 – 11:00 & 13:00 – 14:00	
Mens Football	Saturday 2nd Oct	10:00 – 11:00	
Rubbercrumb			
Lacrosse - Men's	Saturday 2nd Oct	10:00 – 11:30	Whole Pitch
Lacrosse - Mixed	Saturday 2nd Oct	11:30 – 13:00	Whole Pitch
Lacrosse - Ladies	Saturday 2nd Oct	13:00 – 15:00	Whole Pitch
American Football	Saturday 2nd Oct	16:00 – 18:00	whole pitch
Tennis Courts			
Tennis	Saturday 2nd Oct	10:30 – 17:00	8 courts
Grids			
Touch Rugby	Saturday 2nd Oct	11:00 – 13:00	
Island Site			
Baseball	Saturday 2nd Oct	13.30 – 15:30	
WaterSports			
Canoe Club	Saturday 2nd Oct	09:00 – 17:00	
Boat	Saturday 2nd Oct	10:00 – 12:00	
Wessex Sailing Club	Saturday 2nd Oct	10:00 – 13:00	

Sports Tasters – Sunday 3rd October

Jubilee Pool			
Sub Aqua	Sunday 3rd Oct	09:00 – 10:30	Whole Pool
Lifesaving	Sunday 3rd Oct	10:30 – 12:30	Whole Pool
Canoe Polo	Sunday 3rd Oct	12:30 – 14:30	Whole Pool
Triathlon	Sunday 3rd Oct	16:00 – 17:00	3 lanes
Swim Club	Sunday 3rd Oct	18:00 – 20:00	Whole Pool
Water Polo	Sunday 3rd Oct	20:00 – 22:00	Whole Pool
Jubilee Sports Hall			
Basketball	Sunday 3rd Oct	09:00 - 12:00	Whole Hall
Badminton Colours	Sunday 3rd Oct	12:00 - 15:00	Half Hall
Netball	Sunday 3rd Oct	12:00 - 15:00	Half Hall
Volleyball	Sunday 3rd Oct	15:00 - 19:00	Whole Hall
RecBad	Sunday 3rd Oct	19:00 - 22:00	Whole Hall
Team Southampton Sports Hall			
Cricket Ladies	Sunday 3rd Oct	1000 - 1200	
Ultimate Frisbee	Sunday 3rd Oct	1200 - 1430	
Dodgeball	Sunday 3rd Oct	1430 - 1630	
Hindu Soc	Sunday 3rd Oct	1630 - 1730	
Fencing	Sunday 3rd Oct	1730 - 1930	
Tchoukball	Sunday 3rd Oct	19:30-21:30	
Martial Arts Room			
Taekwondo	Sunday 3rd Oct	13:30 – 15:30	
MMA	Sunday 3rd Oct	15:30 – 16:30	
Judo	Sunday 3rd Oct	17:30 – 18:30	
Squash Courts			
Squash - Tasters	Sunday 3rd Oct	10:00 – 12:00	3 courts
Squash - Ladies Trials	Sunday 3rd Oct	12:00 – 14:00	3 courts
Climbing Wall			
Mountaineering Club	Sunday 3rd Oct	10:00 – 17:00	
Glen Eyre			
Cheerleading	Sunday 3rd Oct	09:00 – 15:00	
Boxing	Sunday 3rd Oct	16:00 – 18:00	
The Cube			
Circus Soc	Sunday 3rd Oct	10:00 – 12:00	
Yoga Soc	Sunday 3rd Oct	12:00 – 14:00	
Kickboxing	Sunday 3rd Oct	14:00 – 16:00	
Rugby Pitches			
Engineers Rugby	Sunday 3rd Oct	14:00 – 16:00	1 x Pitch
Football Pitches			
Men's Football	Sunday 3rd Oct	11:00 – 13:00	2 x Grass Pitches
Geogsoc Football	Sunday 3rd Oct	12:00 – 14:00	1 x Grass Pitch
BusSoc FC	Sunday 3rd Oct	13:00 – 15:00	1 x Grass Pitch
Chamberlain	Sunday 3rd Oct	14:00 – 16:00	1 x Grass Pitch
HistSoc	Sunday 3rd Oct	14:00 – 16:00	1 x Grass Pitch
Pavilion			
Mens Football	Sunday 3rd Oct	10:00 – 11:00 & 13:00 – 14:00	
Sand Astro			
Men's Hockey	Sunday 3rd Oct	10:00 – 13:00	whole pitch
Ladies Hockey	Sunday 3rd Oct	13:00 - 16:00	whole pitch
Rubbercrumb			
American Football	Sunday 3rd Oct	11:00 – 15:00	Whole pitch
Tennis Courts			
Tennis	Sunday 3rd Oct	12:00 – 15:00	4 courts
Island Site			
Baseball	Sunday 3rd Oct	13.30 – 15:30	
WaterSports			
Canoe Club	Sunday 3rd Oct	09:00 – 17:00	

External Sports Tasters – Saturday 2nd & Sunday 3rd October

Golf			
Saturday 2nd October	15:00	sugolf@soton.ac.uk	Chilworth Golf Club
MMA			
Saturday 2nd October	12:00 - 14:00		Exile Gym Shirley
Hillwalking			
Saturday 2nd October	10:00 - 15:00	walking@soton.ac.uk	New Forest Day Walk
Athletics			
Saturday 2nd October	14:00 - 15:00	https://www.facebook.com/groups/SUACCC/?ref=share	Southampton Sports Centre
Surf			
Sat 2nd & Sun 3rd October	09:00 - 17:00	enquiries.susurf@gmail.com or https://www.facebook.com/southamptonunisurfclub	Bournemouth